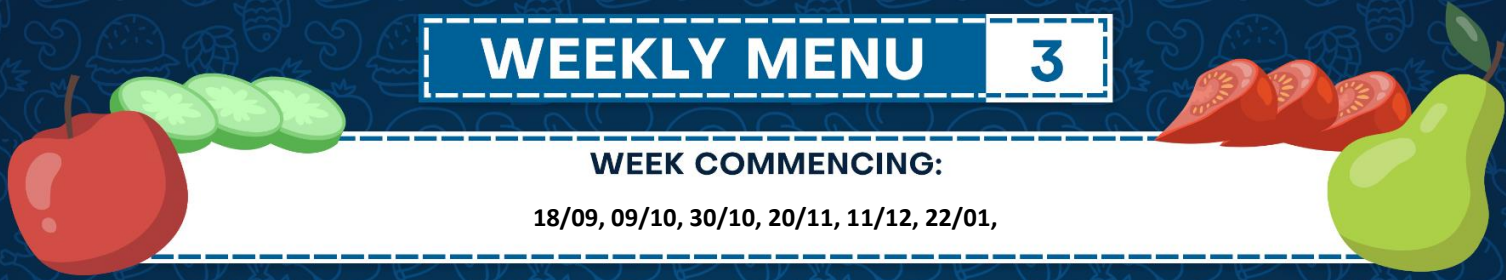


WEEKLY MENU 3



WEEK COMMENCING:

18/09, 09/10, 30/10, 20/11, 11/12, 22/01,



Monday	Tuesday	Wednesday	Thursday	Friday
Pasta Bolognese served with garlic bread peas and sweetcorn	Chicken wrap served with roasted new potatoes and coleslaw	Roast Gammon with mash potato, savoy cabbage and cauliflower florets	Chicken Tikka with rice served with green salad, peas and sweetcorn	Oven baked fish with oven chips beans/peas
Cheese Catherine wheel served with garlic bread, peas and sweetcorn	Vegetable curry with rice	Vegetable lasagne with garlic bread served with peas	Oven baked fishcake served with fritters, peas and sweetcorn	Cheese and tomato pizza with oven chips Beans/peas
Sponge cake topped with Jam Sauce, served with Custard	Flap Jack	Eves pudding with Custard	Muffin with various toppings	Chocolate sponge with chocolate sauce

AVAILABLE DAILY:

Fresh milk, water, fresh fruit and yoghurt

