

## PE Statement of Intent

**Intent:** At St Wilfrid's RC Primary, we aim to develop pupils who will be physically active and can flourish in a range of different physical activities.

The aims of our PE curriculum are to develop pupils who:

- Are willing to practise skills in a range of different activities and situations, alone, in small groups and in teams, and to apply these skills in chosen activities to achieve high levels of performance;
- Have and maintain high levels of physical fitness;
- Lead a healthy lifestyle which is achieved by eating sensibly and exercising regularly;
- Are able to remain physically active for sustained periods of time and have an understanding of the importance of this in promoting long-term health and well-being;
- Employ imagination and creativity in their techniques, tactics and choreography;
- Are able to improve their own and others' performance;
- Have a keen interest in PE - a willingness to participate eagerly in lessons, positive attitudes and the ability to make informed choices about engaging in extracurricular sport;
- Can swim at least 25 metres by the end of Year 6 and know how to remain safe in and around water.

### **EYFS**

PE in the early years at St. Wilfrid's develops children's coordination, control, manipulation and movement, much of this is done through lightly structured activities or continuous provision both indoors and outdoors. Children are given opportunities to develop their gross motor skills which include jumping, hopping, skipping, climbing and running, and also playing with pedal and push and pull toys. Fine motor skills are also developed by providing opportunities to practise filling containers, doing puzzles and stringing beads which in turn help children with life skills such as tying shoe laces and holding pencils.

*Links to EYFS Curriculum - Physical development*

- *Expressive Art and design*

## **Implementation**

As part of the planning process, teachers need to plan the following:

- A cycle of lessons for each subject, which carefully plans for progression and depth;
- Opportunities to work with experts in the field and learn from their work ethic and demonstrations of good practice.

## **Impact:**

Our PE Curriculum is high quality, well thought out and is planned to demonstrate progression.

In addition, we measure the impact of our curriculum through the following methods:

- A reflection on standards achieved against the planned outcomes;
- Pupil discussions about their learning;
- The tracking of standards across the curriculum.